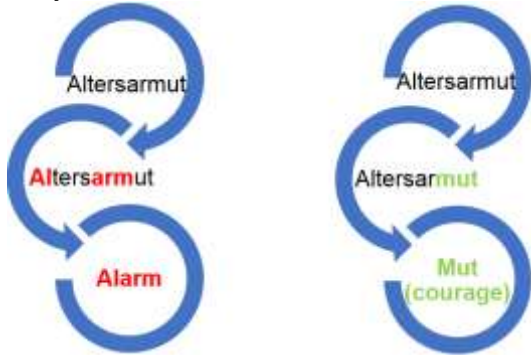


## Vision

**altersarmut Ulm nein** (No to Poverty in Old Age in Ulm) is the first association of citizens for citizens in Ulm that is entirely dedicated to the financially weak senior citizens.

The term "poverty in old age" in German contains two other important words on the subject:



Poverty in old age is an alarming situation for those affected, especially because the possibility to get out of it disappears for good. And it becomes more and more exhausting and worrying to live with it. It takes a lot of courage to cope with such a situation and be active and positive. This requires people and practical measures that accompany, support and encourage.

### What is the strategy?

1. Accept the facts, act pragmatically
2. Combine state aid with citizen aid
3. Flexibility for users and supporters
4. Integration, mobilisation.



### What is the core of the idea?

1. Help, mutual help, self-help
2. Accompanying measures to "Grundsicherung" (basic income support) for a dignified life
3. Recognition of life achievement of all senior citizens.



#### Services for seniors

Internal market for donations, barter, small / part-time job offers, offers for subsidized services; counsel, company, referral; administrative assistance (e.g. applications to authorities); care packages, birthday present

#### Offers for supporters

Volunteering, holiday job for teenagers (e.g. home visits); competition for administrative assistance (e.g. website, statistics, advertising, communication)

#### Accompanying initiatives

Liaison between seniors, to supporters and other service providers; crowd funding; visits to old people's homes, schools; CSR



**altersarmut Ulm nein e.V.**  
(No to Poverty in Old Age in Ulm)  
Users and supporters –  
Together we can achieve something

Schlossergasse 2, 89077 Ulm  
(next to Volksbank, above Regio Shop)

Tel. 0731 37 49 35 67

Mobile: 0151 66 74 30 67

Email: aulmn@web.de

Website: <https://altersarmut-ulm-nein.de>

Social Media:    

Bank: Sparkasse Ulm

Account: IBAN DE15 6305 0000 0021 3255 37



**altersarmut Ulm nein** pursues specific humanitarian, geographically limited and non-profit objectives, based on universal principles.

|   |
|---|
| <b>Principles</b>                         |
| Integrity, transparency, fairness         |
| Protecting the disadvantaged              |
| Respectful, needs-based assistance        |
| Neutrality, independence                  |
| Co-determination of the stakeholders      |
| Promoting the good in people              |
| <b>Supporting priorities</b>              |
| For sustainability and climate protection |
| Against alcohol and drug abuse            |

Statistically, there are about 400 senior citizens in Ulm and the surrounding area who need basic income support<sup>1</sup>.

**altersarmut Ulm nein** contributes in a pragmatic and practical way to alleviating hardship and helping needy senior citizens. We promote compassion through co-determination of activities and participation among the affected and those supportive.

**altersarmut Ulm nein** acts as a link between people and a platform for help, mutual help and self-help. We are active in and around the city of Ulm.

Actions do not always need to be directly undertaken by or through us. And help is not limited to donations. It can be expressed in different forms such as through voluntary work, material assistance, barter, direct support, mutual assistance, or by including and involving those affected. **altersarmut Ulm nein** also aims at sensitizing the young generation to such an important reality and seeks ways to engage them since it affects us all.

### Our commitment

Together we will work out a solution that best suits the individual.

# "The human dignity is inviolable."

Article 1, Constitution

**altersarmut Ulm nein** is a local NGO that connects people with heart and courage:

- Bridge needy senior citizens with other seniors in similar situations
- Link needy seniors with those not affected by financial hardship
- Connect needy seniors with younger people.



<sup>1</sup> If your monthly income is regularly less than €924, please check whether you qualify for basic income support. "Grundsicherung" for senior citizens amounts to approx. €449 per month for single persons and €404 per person for couples (as of 2022).